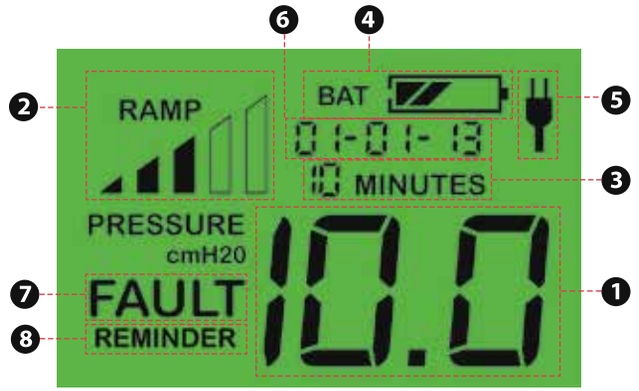
LCD Display Overview

The Z1 display offers useful information on device settings. Below is a brief overview of the information available using the built-in LCD. For more information, please refer to the Z1 User Guide.

1. Treatment pressure display
2. Ramp progress indicator (if ramp set)
3. Ramp time remaining (if ramp set)
4. Battery status (if present)
5. AC Power indicator (if connected)
6. General status display
7. Fault indicator (if fault occurs)
8. Reminder indicator (if excessive air leakage occurs)



If you encounter problems consult the Z1 User Guide or contact the Support Center toll-free at 1-855-436-8729 (855-HDM-USA9).

To register your device, visit **http://www.hdmusa.com/register** or fill out and return the included Warranty Registration Form.

Designed and assembled in the United States of America.

Human Design Medical, LLC, Charlottesville, VA 22903

Z1® and the HDM logo are registered trademarks of Human Design Medical, LLC, Boston, MA, USA 02134

Patent Pending. © Copyright 2015, Human Design Medical, LLC. All rights reserved.

HDM
AN AFFILIATE OF BREAS MEDICAL AB

Z1 Getting Started Guide v1, 10302015
40-0005 Rev. B

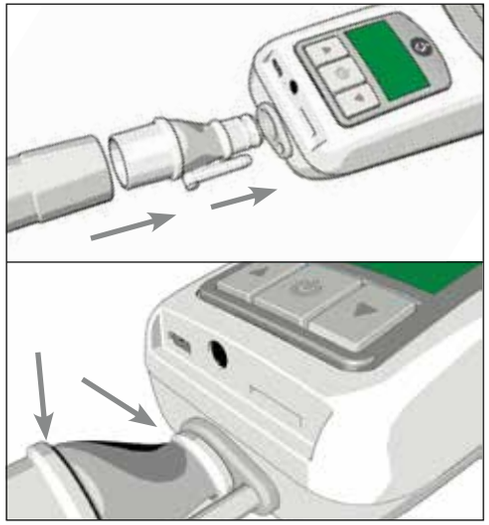
Z1® Getting Started Guide

Z1®

Welcome!

Congratulations on choosing the world's smallest, lightest, most portable CPAP machine! Your new Z1 has been programmed with your prescribed setting and is almost ready for use. To begin using your Z1, follow the steps outlined below. Please read the entire Z1 User Guide.

1. Connect one end of the CPAP tube to the round end of the tube adapter. Insert the other end of the tube adapter into the outlet of the Z1 as shown. Connect the other end of the CPAP tube to the mask. Ensure all connections are tight to avoid air leaks.



2. Plug the power supply (AC to DC power adapter) into the Z1 as shown and into a wall outlet. The Z1 will power up in standby mode. The display will read 0.0. The Z1 display will always be active whenever the device is receiving power.

3. Push the start/stop button (⏻) to initiate therapy using the pre-programmed prescription setting. Push this button a second time to stop therapy.

4. The Z1 filter is preinstalled at the factory. When it is time to replace it, remove the end cap by squeezing the sides and pulling down. Insert the new filter into the end cap as shown, with arched side of the filter aligned with the top of the end cap. Ensure the filter covers all holes in the end cap. Press the end cap onto the Z1.

IMPORTANT: The "REMINDER" indicator will display on the Z1 if an air leak is detected between the Z1 outlet and the mask. This may also display at times when the mask is not being worn properly. This common condition should clear once all connections are secure, the mask is properly worn, and therapy has begun.

NOTE: Ramp time and initial ramp pressure can be adjusted while the Z1 is in standby mode (screen displays 0.0). To set the ramp time, press and hold the UP ARROW (▲) until the ramp time flashes. To set the initial ramp pressure, press and hold the DOWN ARROW (▼) until the pressure display flashes. Repeatedly press the UP or DOWN ARROW until the desired setting is reached. (Set ramp time to "00" to disable the ramp feature.) Press and hold the START/STOP BUTTON (⏻) to save the new settings. For more information on adjusting settings see the Z1 User Guide.